

INGREDIENTS: PROPRIETARY FORTIFIX™ PROTEIN BLEND (WHEY PROTEIN ISOLATE, WHEY PROTEIN CONCENTRATE), SOY PROTEIN ISOLATE, PEANUTS, VEGETABLE GLYCERIN, VEGETABLE OILS (PALM AND PALM KERNEL), SUGAR, SORBITOL, GELATIN, PALM OIL, BROWN RICE FLOUR, MALTITOL, AND WATER. **CONTAINS 2% OR LESS OF THE FOLLOWING:** CORN SYRUP, COCOA (PROCESSED WITH ALKALI), SALT, SUNFLOWER OIL, MONOGLYCERIDES, DEXTROSE, MALTODEXTRIN, CARAMEL COLOR, VANILLA, SODIUM CASEINATE, PROPYLENE GLYCOL MONOESTERS, SOY LECITHIN, NATURAL FLAVORS, TAPIOCA STARCH, SUCRALOSE, ACETYLATED MONOGLYCERIDES, MONO AND DIGLYCERIDES, NATURAL TOCOPHEROLS, BETA-CAROTENE, VITAMIN A PALMITATE, CITRIC ACID, WHEY, POTASSIUM SORBATE, SILICON DIOXIDE, ALMONDS, AND BAKING SODA. **CONTAINS MILK, SOY, PEANUT, AND ALMOND PRODUCTS. MANUFACTURED IN A PLANT THAT PROCESSES MILK, SOY, WHEAT, TREE NUT, PEANUT, AND EGG PRODUCTS.**



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1-888-322-2276
LEARN MORE AT WWW.FITCRUNCHBARS.COM

MADE IN USA

1026 DWP

THE ONLY 6-LAYER BAKED BAR • WHEY PROTEIN ISOLATE

CHEF
ROBERT IRVINE'S
FITCRUNCH

BAKED
SOFT COOKIE CENTER

30g Protein **6g Sugar** **GLUTEN FREE**

POWERED BY **FORTIFIX**



PEANUT BUTTER
NATURALLY FLAVORED

Whey Protein Baked Bar
NET WT. 88g (3.10 OZ)

Nutrition Facts

Serving Size 1 Bar (88g)

Calories 380

Calories from Fat 140

*Percent Daily Value (DV) are based on a 2000 calorie diet.

Amount/serving	%DV*	Amount/serving	%DV*
Total Fat 16g	25%	Potassium 100mg	2%
Saturated Fat 8g	40%	Total Carb. 27g	9%
Polyunsaturated Fat 2g		Dietary Fiber 2g	8%
Monounsaturated Fat 6g		Sugars 6g	
Trans Fat 0g		Sugar Alcohol 16g	
Cholesterol 30mg	10%	Protein 30g	60%
Sodium 490mg	20%		

Vitamin A 8% • Vitamin C 2% • Calcium 8% • Iron 10%



Take a bite and share your experience using **#FITCRUNCHBARS**



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"My goal is simple; I want to empower people, through food and fitness, to thrive each day."

-Chef Robert Irvine

BAKERY BARN, INC. 111 Terence Drive, Pittsburgh, PA 15236 USA		DIELINE SIZE: 6.5" Web x 7.75" Repeat	FILM ADHESIVE: COLD SEAL
INKS: Number of Plates on order 8 <input checked="" type="checkbox"/> Cyan <input checked="" type="checkbox"/> Magenta <input checked="" type="checkbox"/> Yellow <input checked="" type="checkbox"/> Black <input checked="" type="checkbox"/> PMS 109C <input checked="" type="checkbox"/> PMS 200C <input type="checkbox"/> PMS 000 <input type="checkbox"/> PMS 000 <input checked="" type="checkbox"/> White <input checked="" type="checkbox"/> Line Black <input type="checkbox"/> PMS 000 <input type="checkbox"/> PMS 000	FONTS: Stratum Family Helvetica Neue Family (Outline print files)	SUBSTRATE: Paper: <input type="checkbox"/> White <input type="checkbox"/> Dull Silver Foil <input type="checkbox"/> Bright Silver Foil <input type="checkbox"/> White <input type="checkbox"/> White <input checked="" type="checkbox"/> Bright Silver Foil Board: <input type="checkbox"/> White SBS <input type="checkbox"/> Recycled Shrink: <input type="checkbox"/> PVC <input type="checkbox"/> OPS <input type="checkbox"/> PETG Other Material: <input type="checkbox"/> _____	Prepared By: Designer: Dave Plowden daveplowden@bakery-barn.com UV or LAM <input type="checkbox"/> Gloss UV <input type="checkbox"/> Gloss LAM <input type="checkbox"/> Matte UV <input type="checkbox"/> Matte LAM Other: <input type="checkbox"/> _____ Applications: REWIND: Illustrator CS5 Photoshop CS5 #3
LINKS: PB_FILM_BG.psd		PRINT PROCESS: <input checked="" type="checkbox"/> Roto <input type="checkbox"/> Flexo <input type="checkbox"/> Digital <input type="checkbox"/> Litho	Special Instructions:
Press Check Required: <input type="checkbox"/> Yes <input checked="" type="checkbox"/> No		Packaging Facility: TechFlex	