

7.75"

INGREDIENTS: PROPRIETARY FORTIFX™ PROTEIN BLEND (WHEY PROTEIN ISOLATE, WHEY PROTEIN CONCENTRATE), SOY PROTEIN ISOLATE, MALTITOL, VEGETABLE GLYCERIN, VEGETABLE OILS (PALM, PALM KERNEL), SORBITOL, COCOA (PROCESSED WITH ALKALI), PALM OIL, GELATIN, CORN SYRUP, SUGAR, AND WATER. **CONTAINS 2% OR LESS OF THE FOLLOWING:** COCOA BUTTER, BROWN RICE FLOUR, SUNFLOWER OIL, SOY LECITHIN, NATURAL FLAVORS, SALT, SOYBEAN OIL, BAKING SODA, MALTODEXTRIN, SODIUM CASEINATE, PROPYLENE GLYCOL MONOESTERS, TAPIOCA STARCH, ACETYLATED MONOGLYCERIDES, MONO AND DIGLYCERIDES, SUCRALOSE, POTASSIUM SORBATE, WHEY, BETA-CAROTENE, VITAMIN A PALMITATE, NATURAL TOCOPHEROLS, PEANUTS, ALMONDS, AND SILICON DIOXIDE. **CONTAINS MILK, SOY, PEANUT, AND ALMOND PRODUCTS. MANUFACTURED IN A PLANT THAT PROCESSES MILK, SOY, WHEAT, TREE-NUT, PEANUT, AND EGG PRODUCTS.**

BAKERY BARN, INC. **Robert Irvine's FITCRUNCH**
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 MADE IN USA

THE ONLY 6-LAYER BAKED BAR • WHEY PROTEIN ISOLATE

CHEF ROBERT IRVINE'S
FITCRUNCH

BAKED
 SOFT COOKIE CENTER

30g Protein **6g Sugar** **GLUTEN FREE**
 POWERED BY **FORTIFX**

CHOCOLATE CHIP COOKIE DOUGH
 NATURALLY FLAVORED

Whey Protein Baked Bar
 NET WT. 88g (3.10 OZ)



Nutrition Facts

Serving Size 1 Bar (88g)
Calories 380
 Calories from Fat 140
 *Percent Daily Value (DV) are based on a 2000 calorie diet.

Amount/serving	%DV*	Amount/serving	%DV*
Total Fat 16g	25%	Potassium 100mg	2%
Saturated Fat 8g	40%	Total Carb. 27g	9%
Polyunsaturated Fat 2g		Dietary Fiber 2g	8%
Monounsaturated Fat 6g		Sugars 6g	
Trans Fat 0g		Sugar Alcohol 16g	
Cholesterol 20mg	10%	Protein 30g	60%
Sodium 320mg	20%		
Vitamin A 8% • Vitamin C 2% • Calcium 8% • Iron 10%			



Take a bite and share your experience using #FITCRUNCHBARS



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"My goal is simple; I want to empower people, through food and fitness, to thrive each day."

-Chef Robert Irvine

BAKERY BARN, INC. 111 Terence Drive, Pittsburgh, PA 15236 USA		DIELINE SIZE: 6.5" Web x 7.75" Repeat	FILM ADHESIVE: COLD SEAL
INKS: Number of Plates on order 8 Cyan Magenta Yellow Black PMS 1535C PMS 200C PMS 000 PMS 000 White Line Black PMS 000 PMS 000	FONTS: Stratum Family Helvetica Neue Family (Outline print files)	SUBSTRATE: Paper: <input type="checkbox"/> White <input type="checkbox"/> Dull Silver Foil <input type="checkbox"/> Bright Silver Foil <input checked="" type="checkbox"/> Bright Silver Foil Board: <input type="checkbox"/> White SBS <input type="checkbox"/> Recycled Other Material: <input type="checkbox"/> _____	Bopp: <input type="checkbox"/> Clear <input type="checkbox"/> White <input checked="" type="checkbox"/> Bright Silver Foil Shrink: <input type="checkbox"/> PVC <input type="checkbox"/> OPS <input type="checkbox"/> PETG
LINKS: CCCD_6ctdis_BG.psd	PRINT PROCESS: <input checked="" type="checkbox"/> Roto <input type="checkbox"/> Flexo <input type="checkbox"/> Digital <input type="checkbox"/> Litho	Prepared By: Designer: Dave Plowden daveplowden@bakery-barn.com UV or LAM <input type="checkbox"/> Gloss UV <input type="checkbox"/> Gloss LAM <input type="checkbox"/> Matte UV <input type="checkbox"/> Matte LAM Other: <input type="checkbox"/> _____	Applications: Illustrator CS5 Photoshop CS5 REWIND: #3
Special Instructions:		Press Check Required: <input type="checkbox"/> Yes <input checked="" type="checkbox"/> No	Packaging Facility: TechFlex